# NOTEBOOK REFLECTIONS / METACOGNITIONS

- ☐ The assignment / investigation I found most interesting was … because…
- ☐ My notebook shows evidence that I have improved my … by… (Think about learning skills, work habits, effort, good academic decisions …)
- ☐ My notebook shows evidence that I have improved my understanding of… by… (Think about science content/process skills)
- ☐ Over the last few weeks, the most important concepts I have learned are… and I know this because…
- ☐ My ideas about this topic have now changed… I think this because…

| Student NB Thinking: |
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